

confidently

Introduce The man walks confidently. *Confidently* means "certainly, surely, with firm belief." Let's say the word together: confidently.

Demonstrate The stallion cantered confidently across the pasture. Jarrod spoke confidently because he had practiced his speech. The doctor assured us confidently that everything would be okay.

Apply When you try something for the first time, do you do it confidently? Why or why not?

Display Now I will write the word on the board. Let's read the word together: confidently.

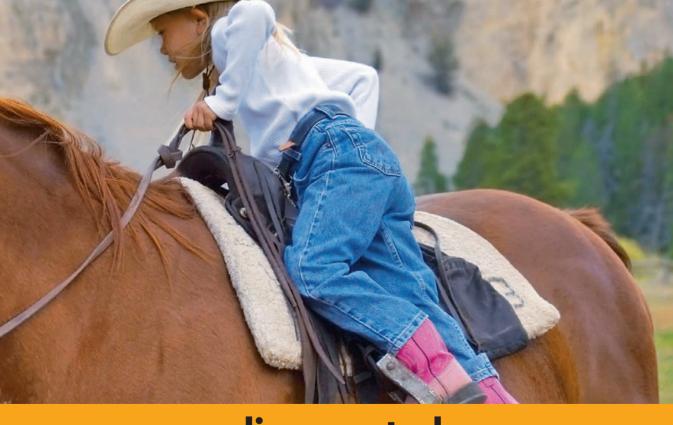
Action!

- Look at the photograph on the front of this card. Imitate what the man is doing. Walk confidently as he does.
- Show how you would carry out each of the following actions if you were uncertain how to do it.

sharpen a pencil set a table for dinner introduce a friend to your parents

Now show how you would carry out each action confidently.





dismounted

Introduce When she has dismounted, the rider will be standing on the ground. Dismounted means "got off something, such as a horse or bicycle." Let's say the word together: dismounted.

Demonstrate Clive dismounted his horse on the left side. Georgia dismounted and walked her bike up the hill. After the parade, the riders dismounted and rested their horses.

Apply Think about a person who has dismounted a bike. Tell the steps it took to accomplish this action.

Display Now I will write the word on the board. Let's read the word together: dismounted.

Team Talk

- Describe to your partner what you do with your bike after you have dismounted.
- Take turns completing this sentence frame:
 The cowboys dismounted their horses when
- Look at the photograph on the front of this card. With your partner, make up a brief story about what is happening. Take turns contributing sentences. Use the word dismounted in at least one sentence.





distressed

Introduce This dog is distressed. *Distressed* describes someone or something that is made unhappy or caused to feel great pain or sorrow. Let's say the word together: distressed.

Demonstrate The distressed boy had lost his favorite jacket. With a distressed look, Carlita cleaned up the broken glass. I felt both shocked and distressed when my friend broke his arm.

Apply When you make a big mistake, do you feel distressed? Why or why not?

Display Now I will write the word on the board. Let's read the word together: distressed.

All Together

I'm going to ask you some questions.
 Answer "yes" or "no."

Would you feel distressed if someone gave you a gift?

Would you feel distressed if you caused an accident?

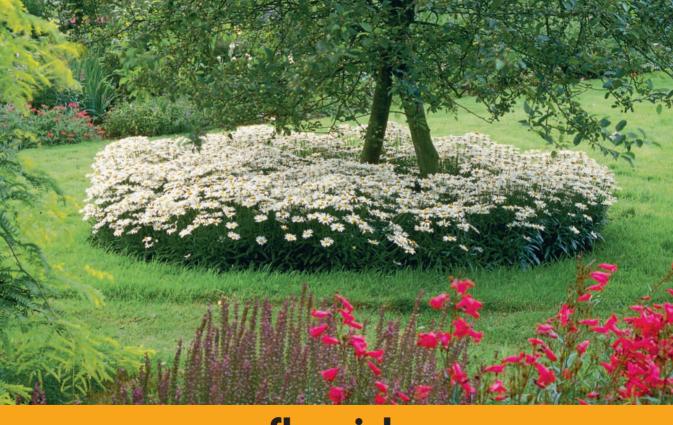
Would you feel distressed if you got an A on a test?

I'm going to tell you two little stories.
 Use the word distressed to answer the questions.

A guest broke a vase. It was an antique and had belonged to the host's grandmother. How did the guest feel?

A florist lost an order. The flowers should have been delivered yesterday for an anniversary. How did he feel?





flourish

Introduce Sun and water help this garden flourish. *Flourish* means "grow or develop well; thrive." Let's say the word together: *flourish*.

Demonstrate Palm trees flourish in the tropics. Children flourish with good nutrition. Impatiens are flowers that flourish in shade, while other flowers require sunlight to thrive.

Apply What would you give a houseplant to make it flourish?

Display Now I will write the word on the board. Let's read the word together: *flourish*.

Pencil Talk

- Draw a picture of a tiny sapling that has just been planted. Show the location where it is planted so that it can flourish. Then show a picture of the tree years later. Write a brief story about the tree's life. Use the word flourish in your story.
- Write the word flourish at the top of a sheet of paper. Below the word, write as many synonyms and related words as you can. Start with words from the definition: grow, develop, thrive.





fulfill

Introduce The child was able to fulfill all the tasks on the list. *Fulfill* means "perform or do a duty, command, etc." Let's say the word together: *fulfill*.

Demonstrate The letter said, "We are unable to fulfill your request." To graduate, you must fulfill the requirement of passing many classes. He was confident he could fulfill the duties of a lifeguard.

Apply What might happen if a soldier did not fulfill a command?

Display Now I will write the word on the board. Let's read the word together: *fulfill*.

Team Talk

- Ask your partner to tell about a fairy tale that involves a wish. Together describe how the hero or heroine was able to fulfill the wish.
- Tell your partner a sentence using the word fulfill. Have your partner repeat the sentence, replacing the word fulfill with a synonym. Then repeat the sentence once more, using a different synonym.
- Look at the photograph on the front of this card. Discuss what the child has been able to fulfill. Use the word fulfill in your discussion.





permission

Introduce This woman is giving her teenaged daughter permission to borrow the car. Permission is consent or leave. Let's say the word together: *permission*.

Demonstrate Jane had permission to ride to the park. You may not use your brother's racket without his permission. My parents gave me permission to go on the field trip.

Apply Name something that your principal would give you special permission to do. Name something that he or she would never give you permission to do.

Display Now I will write the word on the board. Let's read the word together: permission.

Team Talk

- Tell your partner about something fun that you got special permission to do. Why did you need permission to do this?
- Explain to your partner why a child would get in trouble if he or she went to a friend's house without getting his or her parents' permission.
- Ask your partner how a dog trainer tells a dog that it has permission to take an action.





repay

Introduce One woman gives another a plate of cookies as a way to repay her for watering her plants while she was away. To repay is to do something in return for something received. Let's say the word together: *repay*.

Demonstrate How can I repay your kindness? Wise people do not repay anger with anger. Mark will repay Clarice for the dinner by helping her wash her windows.

Apply Name three ways you could repay someone without giving money.

Display Now I will write the word on the board. Let's read the word together: *repay*.

All Together

- I'm going to tell you a sentence. The woman said we did not need to repay her for the fares because our gratitude was payment enough. What does repay mean?
- I'm going to ask you some questions.
 Answer "yes" or "no."
 - Would you feel good if you did not repay someone what was owed?
 - Can a pet repay its owner with love and loyalty?





vigorously

Introduce In order to make it easier to pour, this girl is shaking the ketchup bottle vigorously. *Vigorously* means "in an energetic or forceful manner." Let's say the word together: *vigorously*.

Demonstrate Shelly exercised vigorously. The dog shook itself vigorously after its bath. Ken slammed the door so vigorously that the pans rattled.

Apply What happens if you toss an egg vigorously?

Display Now I will write the word on the board. Let's read the word together: *vigorously*.

Action!

- Let's all demonstrate how to erase the board. Now let's demonstrate how to erase the board vigorously.
- Show how you do each of the following actions halfheartedly. Then show how you do the action vigorously.

jumping jacks climbing stairs brushing your hair sweeping the floor

